



6th SASM ANNUAL CONFERENCE

in collaboration with



North Africa Chapter





Pan Arab Society For Metabolic

6th Saudi Arabian Society for Metabolic and Bariatric **Surgery Annual Conference**



PROGRAM

14 - 16 February 2023

Crowne Plaza RDC Hotel, Riyadh, Kingdom of Saudi Arabia

sasmbs.org



































PRESIDENT'S WELCOME MESSAGE

I am pleased to welcome you to the Saudi Arabian Society for Metabolic and Bariatric Surgery (SASMBS), 6th Annual Conference of SASMBS 2023 which will be held at Crowne Plaza - RDC Hotel & Convention Center, Riyadh, Kingdom of Saudi Arabia from 14 to 16 February 2023.

The science of obesity and metabolic bariatric surgery is evolving at a very rapid rate. In SASMBS 2023, we work together with sister societies (IFSO MENAC, GOSS and PASMBS) to bring and present the most recent advances. We will cover all topics for which you have questions in both Metabolic Bariatric Surgery, Obesity Medicine, GERD, Hernia, Endobariatric, Metabolic and other major topics.

On top of that, we have prepared a very nice social program that will make your visit to Riyadh memorable.

I look forward to welcoming you in person in our annual conference.

Prof. Aayed Alqahtani, FRCSC, FACS

President of Saudi Arabian Society of Metabolic and Bariatric Surgery (SASMBS)
President of Gulf Obesity Surgery Society (GOSS)
Professor of Bariatric and MIS































We are thrilled to welcome you to the 6th Annual Conference of the Saudi Arabian Society of Metabolic and Bariatric Surgery (SASMBS) in Riyadh. As the Chairman of the Scientific Committee, it is my honor to extend a warm greeting to our distinguished local, regional, and international guests, including speakers and attendees.

Our team has been dedicated to creating an informative and engaging scientific program that aligns with your expectations and serves to enhance your clinical practice. The program will feature a range of topics that are critical to addressing the global epidemic of obesity, and I look forward to discussing these important issues together.

As a medical community, it is our obligation to join forces in the fight against obesity. The rise of this condition is alarming and affects not just our country, but the entire world.

We look forward to your active participation in the SASMBS 2023 conference in Riyadh and to the valuable opportunities for learning and collaboration that await us.

Dr. Saeed Alsareii

Chairman, Scientific Committee

Associate Professor, Department of Surgery, College of Medicine, Najran University Consultant, General and Bariatric Surgeon, University Hospital, Najran University. Vice Rector for Postgraduate and Research, Najran University































It with great honor and privilege to have this amazing collaboration with Saudia Arabia Society for Metabolic and Bariatric Surgery (SASMBS).

On behalf of PASMBS, I would like to thank Professor Alqahtani, the organizing committee and the entire society for their generous invitation for us to host a PASMBS session during their annual congress in Riyadh.

The PASMBS session will cover the issues that come with distalization of Roux-en-Y gastric bypass from indications to complications and how we deal with them as bariatric surgeons and physicians, through three interesting videos of actual patient cases.

I look forward to everyone's attendance and participation to make this session and the entire congress a success.

Dr. Ahmad Bashir, MD, FACS, FASMBS

President of the Pan-Arab Society for Metabolic and Bariatric Surgery (PASMBS)

Chair of Communication Committee of International Federation of Surgery for Obesity (IFSO)

Member-at-Large IFSO Middle East & North Africa Chapter































PRESIDENT'S WELCOME MESSAGE

Welcome to the 6th Annual Conference of the Saudi Arabian Society of Metabolic and Bariatric Surgery (SASMBS). As the President of the Middle East Chapter of the International Federation for the Study of Obesity (IFSO MENAC), I am honored to extend a warm welcome to all attendees.

Founded six years ago, IFSO MENAC serves as a hub for national bariatric surgery societies across the Middle East and North Africa, with SASMBS as a founding member, joined by societies from Egypt, Kuwait, the UAE, Jordan, Lebanon, Iraq and Pakistan.

With a strong presence in the region for more than two decades, SASMBS is renowned for hosting engaging conferences with rich scientific content and thought-provoking debates that shape the practice of metabolic bariatric surgery in the region and beyond.

Take advantage of this opportunity to connect with your peers, share knowledge, and be part of the advancement of metabolic bariatric surgery, endobariatrics, and pharmacotherapy in Saudi Arabia and the Middle East. And don't forget to experience the warm hospitality of Saudi Arabia.

Dr. Khaled Gawdat, M.D.

IFSO MENAC President



























Saudi Arabian Society for Metabolic and Bariatric Surgery

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Saudi Arabian Society for Metabolic and Bariatric Surgery

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Dr. Talal Khewater



Dr. Osama Al-Sanea



Dr. Mohammad Aburahmah



Dr. Osama Faidah

























14 FEBRUARY 2023 • TUESDAY

WORKSHOPS

WORKSHOP 8:00 - 10:30 HALL 1	How I Do It? Chair: Sultan Al Temyatt Co Chair: Ali Alahmary, Abdullah Alghamdi	WORKSHOP 8:00 - 12:00 HALL 2	Endobariatric Chair: Aayed Alqahtani Co Chair: Abed Al Lehibi
8:00 - 8:15	Enhanced Recovery after Surgery (ERAS) Mohammed Elsayed / Osama Al Sanea		
8:15 - 8:30	Robotic Bariatric Surgery Abdullah Alghamdi		
8:30 - 8:45	Sleeve Gastrectomy Mohammad Bawahab	8:00 - 10:00	Didactic and Dry lab
8:45 - 9:00	Concomitant Hiatal Hernia Repair with Sleeve Gastrectomy Sultan Al Temyatt		
9:00 - 9:15	Endoscopic Sleeve Gastroplasty Aayed Alqahtani		
9:15 - 9:30	Roux en Y Gastric Bypass Ahmad Al Garzaie		
9:30 - 9:45	OAGB/MGB Ali Montashery	10:00 - 12:00	Live Cases
9:45 -10:00	SADI Mohammad Al Naami		
10:00 - 10:15	Bari-Clip Esam Battayah		
10:15 - 10:30	Discussion		
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15 FEBRUARY 2023 • WEDNESDAY

7:30 - 8:00

Registration/Welcome Remarks

SCIENTIFIC PROGRAM		Obesity Medicine SASMBS Session	
8:00 - 9:34 HALL 1	Bariatric Surgery and GERD Chairs: Adnan Mofti, Abed Al Lehibi, Saeed Alsareii, Ahmad Khalil	Medical To 8:00 - 11:00 HALL 2	reatment of Obesity Chairs: Khalid Alamri, Muteab Alotaibi, Anwar Jammah
8:00 - 8:10	GERD after Bariatric Surgery: Insights into Pathophysiology, Work-up and Management Barham Abu Dayyeh	8:00 - 8:25	Obesity Disease on Overview Khalid Alamri
8:10 - 8:20	Role Of Endoscopic Screening/Surveillance of GERD Post Metabolic Bariatric Surgery Vivik Kumbhari	8:25 - 8:50	Treatment of Obesity: Highlights on the Latest Treatment Guidelines Arya Sharma
8:20 - 8:34	Debate: Sleeve Gastrectomy in Patient with GERD Abdulrahman Nimeri, Omar Al Obaid	8:50 - 9:15	Multidisciplinary Treatment of Obesity Ali Alshehri
8:34 - 8:44	Treatment Options for GERD Post Bariatric Surgey Abdullah Alzahrani	9:15 - 9:40	Welcome to the New Era of
8:44 - 8:54	LINX for Patients with GERD Post Sleeve Gastrectomy Ashraf Maghrabi		Combination Therapy with Medications and Surgery Philip Schauer
8:54 - 9:04	Management of Motility Disorders after Bariatric Surgery Hussam Alamri	9:40 - 10:05	Case Studies Hussein Elbadawi
9:04 - 9:14	Reflux after Bariatric Surgery: An Innovative Algorithmic Approach Omar Ghanem	10:05 - 10:30	Question and Answer
9:14 - 9:24	Hiatal Hernia 10 Years after Surgery Osama AlSanea	10:30 - 11:00	Discussion
9:24 - 9:34	Discussion		
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SCIENTIFIC PROGRAM		WORKSHOP	
13:00 - 14:30 HALL 1	Bariatric Surgery Revision Challenges Chairs: Mohammad Alnaami, Abdullah Alzahrani, Haidar Alshurafa, Atef Bassas	WORKSHOP 14:00 - 15:40 HALL 2	Bariatric Surgery Nutrition Chairs: Ghaliah Abdeen Speakers: Sara Alghamdi, Ruba Alghamdi, Azhar Bokhari, Sally Hanan
13:00 - 13:10	Prevalence and Indication of MBS Revision Ali Montashery		
13:10 - 13:20	Recurrent Hiatal Hernia Post Bariatric Surgery, Why and What to do? Abdulhameed Almomen	14:00 - 14:20	Case Studies/Discussion
13:20 - 13:30	R-Y Bypass to Distal Bypass Techique and Outcome Philip Schaeur	14:20 - 14:40	Case Studies/Discussion
13:30 - 13:40	Weight Regain Post RYGB What to do? Sultan Al Temyatt	14:40 - 15:00	Case Studies/Discussion
13:40 - 13:50	Different Ways of Revising RY-bypass for Weight Regain Ahmad Algarzaie	15:00 - 15:20	Case Studies/Discussion
13:50 - 14:00	Best Revision for OAGB Osama Taha		
14:00 - 14:10	Is there a Room for Banded Sleeve Gastrectomy Khaled Gawdat	15:20 - 15:40	Question and Answer
14:10 - 14:20	Prevention and Management of Complications of Revisional Bariatric Surgery Philip Schauer		each presentation and ns each discussion
14:20 - 14:30	Discussion		



















14:30 - 15:30 HALL 1

Advanced Laparoscopic and Bariatric Surgery Fellowship Program: Recipes for Success

Chair: Mohammed Alnaami

Panelists: Philip Schaeur, Vivik Kumbhari, Aayed Alqahtani, Adnan Mofti, Hussam Alamri, Essam Batayah, Hussam Adi, Osama Alsanea, Sultan Al Temyatt, Hamad Alsubaie

15:30 - 15:45 **Coffee Break**

15:45 - 17:00 HALL 1	IFSO MENAC Video Session Chairs: Khaled Gawdat, Ahmad Bashir, Mohammad Haddad, Sultan Altemyat Middle East North Africa Chapter
15:45 - 16:00	Transient bipartition. Theoretically does not cause malnutrition. But it does!! Ashraf Haddad
16:00 - 16:15	Reconstruction after Gastro Bronchial Fistula Alaa Abas
16:15 - 16:30	Laparoscopic Management of a 2 Year Leak Post Sleeve Gastrectomy Khaled Gawdat
16:30 - 16:45	Intra operative complications. The blind spots Khaled Mirza
16:45 - 17:00	Discussion

SCIENTIFIC SESSION 17:00 - 17:35 HALL 1	Abstract Presentation/Video Chairs: Ibrahim Al-Onazi, Awadh Alqahtani, Raad Fayez	
17:00 - 17:05	Revisional Laparoscopic Sleeve Gastrectomy: Early Results Haidar Alshurafa	
17:05 - 17:10	Bariatric Surgery in Difficult Abdomen, Extensive Adhesions Mohammad Bawahab	
17:10 - 17:15	Three Port OAGB, How I Do it? Safwan Taha	



















Sleeve Gastrectomy Revision to MGB Ibrahim Alenezi
VBG to Roux-En-Y Gastric Bypass Talal Khewater
"D-sleeve" Sleeve Gastrectomy and Hiatal Hernia Repair for Patients with Pre-OP GERD Abdulrahman Alsalem
OAGB, When Things Go Wrong Haytam Fawal
Gala Dinner
16 FEBRUARY 2023 • THURSDAY
Registration
Recent Options in Bariatric Surgery Chairs: Ahmad Algarzaie, Hussam Adi, Fauwaz Alrashid, Osama Faidah, Mohammad Aburahmah
Debate: Nissen Sleeve Nissen Sleeve Prevents Sleeve Induced GERD Nissen Sleeve Prevents Sleeve Induced Metabolic Effect Aayed Alqahtani, Rami Lutfi
Bipartition Procedures Abdulrahman Alsalem
Debate: Bariclips Reversible Sleeve / Failed Band Essam Battayah, Rami Lutfi
Hernias at the time of Bariatric Surgery: A Management Algorithm Omar Ghanem
Convincing our Endocrinology Colleagues that Metabolic Surgery is the Best Treatment for Type 2 Diabetes using Science Philip Schauer
Prinip Schauer



















SCIENTIFIC PROGRAM WORKSHOP Medical Case Studies after WORKSHOP 9:00 - 10:45 **Metabolic Bariatric GOSS Session** 9:00 - 11:30 HALL 1 HALL 2 Chair: Ali Alahmary Surgery Moderators: Badr Alhadrami, Chair: Nasreen Alfaris Basim Khafaji **Patient Selection for** 9:00 - 9:30 9:00 - 9:10 Medico-legal issues **Bariatric Surgery** Ali Alahmary Ali Alshehri 9:10 - 9:20 Difference between **Complications and Medical** 9:30 - 10:00 **Post Bariatric Surgery Errors** Hypoglycemia Naser Alazri Nasreen Alfaris 9:20 - 9:30 Rule of Professional 10:00 - 10:30 **Treatment of Weight Medical Society in** Regain and Suboptimal **Medical Litigations** Weight Loss after Waleed Alzedjali **Metabolic Surgery** Ali Alshehri 9:30 - 9:45 How to Respond, Poking **Holes in Committee Decisions** 10:30 - 11:00 **Bone Health Post** Ali Khammas **Bariatric Surgery** Nasreen Alfaris 9:45 - 10:00 القضاء الطبي في المملكة العربية السعودية Khalid Alghamdy 11:00 - 11:30 **Discussion** 10:00 - 10:30 الحماية القانونية للطبيب Ahmad Alrazeen 10:30 - 10:45 **Discussion** Panelists: Adnan Mufti. Ali Khammas. Mohammad Aljarrallah, Naser Alazri, Salman Alsabah 10:45 - 11:00 **Coffee Break**



















11:00 - 12:40 HALL 1	Endobariatric Chairs: Abed Al Lehibi, Roman Turro, Vivik Kumbhari
11:00 - 11:10	Evolving Innovation in Endoscopic Bariatric and Metabolic Therapies: The Future is Here Barham Abu Dayyeh
11:10 - 11:20	Endoscopic Sleeve Gastroplasty using Apollo Overstitch: Patient Selection, Efficacy, and Safety Vivik Kumbhari
11:20 - 11:30	Emerging Endoscopic Therapies for the Treatment of Obesity, What's Next? Christopher Thompson
11:30 - 11:40	Endoluminal Bariatric Techniques without an Endoscope (Allurion, Plenity, Jellynov, Glyscend, Syntis) Vivik Kumbhari
11:40 - 11:50	The Endoscopic Gastric Plication as a Revisional Procedure for Weight Regain Roman Turro
11:50 - 12:00	Duodenal Mucosal Strategies as a Metabolic Therapy (Endobarrier V2, Fractyl, Metmodix, etc) Manoel Galvao
12:00 - 12:10	Endoscopic Management Bariatric Surgery Complication Christopher Thompson
12:10 - 12:20	The Snap Procedure, a Hybrid Procedure for Weight Loss after Sleeve Procedure Roman Turro
12:20 - 12:30	Endoscopic Gastric Cardia Therapies to Treat GERD Post Metabolic Bariatric Surgery (RAP, ARMA, etc) Vivik Kumbhari
12:30 - 12:40	Discussion
12:40 - 13:30	Lunch Break



















SCIENTIFIC SESSION 13:30 - 15:10 HALL 1	Abstract Presentation/Video Chairs: Basmah Alfallatah, Abdulrahman Alsaigh, Fadhel Alzahrani, Mohammed Alaqeel
13:30 - 13:35	Management of Chronic Leak after Sleeve Gastrectomy. Experience from Multiples Cases Ali Alzahrani
13:35 - 13:40	How Can we Improve the Management of Complex Bariatric Surgery Complications? Mohammad Abu Khater
13:40 - 13:45	Ectopic Pancreas Resection with Concomitant Sleeve Gastrectomy for Morbid Obesity Aly Elbahrawy
13:45 - 13:50	Laparoscopic Trans-gastric Resection of a Gastric Submucosal Tumor near Esophago-gastric Junction with Concomitant Sleeve Gastrectomy: a Video Case Report Aly Elbahrawy
13:50 - 13:55	GERD Incidence Post Sleeve Gastrectomy with Gastropexy and Omentopexy vs Without Aly Elbahrawy
13:55 - 14:00	OAGB Post Gastric Plication Mohammed Abu Zaid
14:00 - 14:05	Single Port Synchronous Ventral Hernia, Cholecystectomy, and Sleeve Gastrectomy Fadhel Alzahrani
14:05 - 14:10	Lesser Curve GIST and Bariatric Surgery Fadhel Alzahrani
14:10 - 14:15	Concurrent Laparoscopic Sleeve Gastrectomy and Diaphragmatic Eventration Repair Mohammad Almayouf



















14:15 - 14:20	Should Adjustable Gastric Band be Abandoned as a Bariatric Surgery Option? Private Center's Experience With Adjustable Gastric Band Conversion Mohammad Almayouf
14:20 - 14:25	Effectiveness of Bariatric Surgery on Thyroid Function and Levothyroxine Dose in Obese Patients with Overt Hypothyroidism Hanan Alfaifi
14:25 - 14:30	Revision after Multiple Failed Bariatric Surgery: How to Do It? Mohammad Alghamdi
14:30 - 14:35	Revisional One Anastomosis Gastric Bypass: Outcome and Management of Complications Abdullah Alotaibi
14:35 - 14:40	Complication of Gastric Band Amal Alhabib
14:40 - 14:45	Management of Chronic Leak Post Sleeve or SADI as Primary and Revisional Surgery Ahmad Shamia
14:45 - 14:50	Initial Experience with Bariclip Surgery Malik Almutairi
14:50 - 14:55	Laparoscopic Assisted ERCP after Bariatric Surgery Fahad Al-Obaidi
14:55 - 15:00	Management of GERD after VBG Case Report Ahmad Alghamdi
15:00 - 15:05	Management of Chronic Leak after Sleeve Gastrectomy. Experience from Multiple Cases Ali Al-Zahrani
15:05 - 15:10	Management of Reinforced Staple Line Failure after Sleeve Gastrectomy Ahmad Khalil, Abdulla Muhanna

















15:10 - 17:20 HALL 1	Beyond Surgical Technique Chairs: Philip Schauer, Haitham Alfalah, Mohammed Abu Khater, Naif Alenezi, Abdulhakim Alobaid
15:10 - 15:20	Health Consequences of Obesity can be Reversed by Bariatric Surgery Ali Aminiani
15:20 - 15:30	Are Medications Catching Up with Surgery? Arya Sharma
15:30 - 15:40	Diabetes Remission and Postoperative Hyperinsulinemic Hypoglycemia - Two Sides of the Same Coin Christine Stier
15:40 - 15:50	ERAS and MBS Osama Alsanea
15:50 - 16:00	Strategies to Minimize Bleeding in Bariatric Surgery Safwan Taha
16:00 - 16:10	Challenges of Bariatric Surgery Practice (Social Media & Medical Tourism as Example) Ali Al-Ahmari
16:10 - 16:20	Update on VTE Prophylaxis in Metabolic Bariatric Surgery Abdullah Al Massod
16:20 - 16:30	Psychiatric Aspects of Obesity and Bariatric Surgery Meshaal Alaqeel
16:30 - 16:40	Bariatric Surgery in Cancer Patients Mohammad Aburahmah
16:40 - 16:50	Bariatric Surgery in Inflammatory Bowel Disease Patients Bandar Idris
16:50 - 17:00	Bariatric Surgery in Senior Age Group Haitham Alfalah
17:00 - 17:10	New Strategies for Extreme Obesity (BMI >70) Philip Schauer
17:10 - 17:20	Discussion
17:20 - 17:30	Closing Ceremony
17:30 - 18:30	SASMBS General Assembly Meeting



















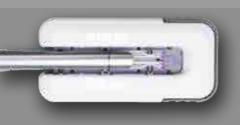






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Bluesail Medical was established in Zibo, Shandong in 2002. It has now formed four major business divisions namely, health protection division, medical care division, cardiovascular & neurovascular division, and minimally invasive surgery division.

Bluesail Surgical is the minimally invasive surgery division of Bluesail Medical.

The product portfolio of Bluesail Surgical includes mainstream surgical instruments and surgical innovative therapy instruments that will revolutionise the current surgery operations. They are committed to the R&D and manufacturing of the world's leading medical technology and products for the well-being of patients as well as creating value for the society.









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الرابطة العربية لجراحة السمنة Pan Arab Society For Metabolic And Bariatric Surgery

