





الهيئة السعودية للتخصصات الصحية
Saudi Commission for Health Specialties



تجمع القصيم الصحي
Qassim Health Cluster
شركة الصحة القصيمية



وزارة الصحة
Ministry of Health

THE 9th SASMBS

ANNUAL INTERNATIONAL CONGRESS

Future of Obesity Management

 25,26,27 April 2026

 Buraydah King Khalid Cultural Center
(Alqassim) Kingdom of Saudi Arabia

in collaboration with



الجمعية الخليجية
لجراحات السمنة والأمراض الأستقلابية
Gulf Obesity & Metabolic
Surgery Society



IFSO
Middle East & North African Chapter

PROGRAM AT A GLANCE

DAY 1	Pre-Congress Workshops Saturday • April 25, 2026
7:30 - 8:30	Registration
8:30 - 12:30	Revisional Bariatric Surgery – Live Surgery
	Medical & MDT Obesity Management (Pharmacotherapy, Clinic Pathways)
	Endobariatric Interventions (ESG, Endoscopic Obesity Therapy, Complications)
12:30 - 13:10	Lunch and Prayer
13:25 - 17:15	Hands-On / Live Surgery Sessions
17:15 - 17:30	Workshop Wrap-Up + Certificates

DAY 2	Congress Day Sunday • April 26 , 2026
8:30 - 9:40	Opening + 4Keynote Block (4 x 10 min) + moderated Q&A
9:40 - 10:05	Break
10:05 - 11:35	Session 1 Pathways & Personalization in Obesity Treatment
11:35 - 12:15	Video Block 1 (5x5) + Discussion
12:15 - 13:00	Lunch and Prayer
13:00 - 14:30	Session 2 Primary Interventions (Surgery + Endoscopy)
14:30 - 14:50	Prayer Break
14:50 - 16:00	Debates (2 topics) + Audience Polling
16:00 - 17:00	Oral Abstracts Session 1 (12 -10 x 5 min)
17:00 - 17:10	Optional Symposium + Wrap-Up

DAY 3	Congress Day Monday • April 27 , 2025
8:30 - 9:35	Keynote Block (4 x 10 min) + moderated Q&A
9:35 - 10:05	Break
10:05 - 11:35	Session 3 Complications, Safety & Quality
11:35 - 12:15	Video Block 2 (5x5) + Discussion
12:15 - 13:00	Lunch & Prayer
13:00 - 14:30	Session 4 Revisional & Complex Interventions
14:30 - 14:50	Prayer Break
14:50 - 15:50	Session 5 Special Populations & Long-term Outcomes
15:50 - 16:05	Break
16:05 - 17:15	Session 6 (NEW) New Procedures, Innovations and Technology in Obesity Management
17:15 - 18:05	Oral Abstracts Session 2 (8-10 x 5 min)
18:05 - 18:35	MDT Panel + Awards + Closing